

# FACULTY OF HUMANITIES AND SOCIAL SCIENCES

## DEPARTMENT OF PSYCHOLOGICAL SCIENCES AND HEALTH

### COUNSELLING AND PSYCHOTHERAPY

Master of Science in Counselling and Psychotherapy  
Postgraduate Diploma in Counselling and Psychotherapy  
Postgraduate Certificate in Counselling and Psychotherapy

*These regulations are to be read in conjunction with [General Academic Regulations - Postgraduate Taught Degree Programme Level](#).*

#### Admission

1. See [General Academic Regulations - Postgraduate Taught Degree Programme Level](#).
2. In addition, all successful applicants will be required to have a Counselling & Psychotherapy (COSCA) Certificate in Counselling Skills or the equivalent.

#### Duration of Study

3. See [General Academic Regulations - Postgraduate Taught Degree Programme Level](#).

#### Place of Study

4. See [General Academic Regulations - Postgraduate Taught Degree Programme Level](#).

#### Mode of Study

5. The programme in Counselling and Psychotherapy is available by full-time and part-time study only.

#### Curriculum

6. Full-time students shall undertake an approved curriculum as follows:

#### Compulsory Modules

Module Code	Module Title	Level	Credits
B9902	Counselling Practicum	5	20
B9903	The Therapeutic Relationship	5	20
B9904	Therapeutic Process	5	20
B9906	Counselling Case Formation	5	20
B9907	Personality Theory	5	20
B9908	Personal and Professional Development	5	20

**Full time students for the degree of MSc only:**

<b>Module Code</b>	<b>Module Title</b>	<b>Level</b>	<b>Credits</b>
B9901	Counselling Research Dissertation	5	60

7. Part-time students shall undertake an approved curriculum as follows:

**Compulsory Modules**

<b>Module Code</b>	<b>Module Title</b>	<b>Level</b>	<b>Credits</b>
B9969	Counselling Practicum	5	20
B9970	The Therapeutic Relationship	5	20
B9971	Therapeutic Process	5	20
B9972	Counselling Case Formation	5	20
B9973	Personality Theory	5	20
B9974	Personal and Professional Development	5	20

**Part time students for the degree of MSc only:**

<b>Module Code</b>	<b>Module Title</b>	<b>Level</b>	<b>Credits</b>
B9968	Counselling Research Dissertation	5	60

**Progress**

8. See [General Academic Regulations - Postgraduate Taught Degree Programme Level](#).
9. The final award will be based on performance in coursework and the dissertation where undertaken.

**Award**

10. **Degree of MSc in Counselling and Psychotherapy:** In order to qualify for the award of the degree of MSc in Counselling and Psychotherapy a candidate must have performed to the satisfaction of the Board of Examiners and must have accumulated no fewer than 180 credits of which 60 must have been awarded in respect of the dissertation.
11. **Postgraduate Diploma:** In order to qualify for the award of the Postgraduate Diploma in Counselling and Psychotherapy a candidate must have accumulated no fewer than 120 credits from the taught modules from the programme curriculum.

12. **Postgraduate Certificate:** In order to qualify for the award of the Postgraduate Certificate in Counselling and Psychotherapy a candidate must have accumulated no fewer than 60 credits from the taught modules from the programme curriculum.